

Spring Sports COVID Protocols
Southern Public Schools
2021-2022

Track & Golf:

During practices, coaches should make accommodations to allow for social distancing whenever possible in an effort to provide adequate spacing when participating in stretching, instructional time, and drills. Coaches should make every effort to conduct workouts in small groups when it is feasible.

Coaches will be required to temperature check student athletes before all contests that occur when school is not in session (During a Saturday contest) or if the teams leave before 9:00 a.m. when school is in session. Any student athlete with a fever of 100.4°F or higher (Or if the student athlete is exhibiting any health symptoms that are associated with COVID-19) will need to stay home for up to 24 hours.

Face coverings are required for all coaches and players if they cannot maintain 6 feet of physical distance from their peers when attending outdoor contests. When student athletes are physically exerting themselves, they are not required to wear face coverings. However, a student athlete may continue to wear a face covering if they so wish.

Face coverings will be required for coaches, athletes, and bus drivers when riding in vans or buses throughout the spring sports season. Coaches will need to set up a seating chart for activity trips so that students ride in the same seats to and from the activity to make contact tracing possible for the local health officials. Coaches and student athletes will not be permitted to eat on any activity trips.

Home & Away Contests:

All spectators in attendance at home contests are expected to stay home if exhibiting any health symptoms that are associated with COVID-19 (Fever, cough, loss of taste & smell, etc.). Spectators should arrive no earlier than necessary and leave immediately after each contest. Spectators are required to wear face coverings for entrance to all activities and face coverings may be removed if attending an outdoor contest where 6 feet of physical distance can be maintained. When attending contests away from Southern, we will be expected to abide by the protocols of the host schools. Make sure you know what the away protocols are before traveling there. In addition, we will post the host schools' protocols on our website and/or on our Facebook account before each away contest.

For all home golf contests, warmup should be limited to a rotation of athletes on the putting green. The athletic director and coaches will need to communicate the details of the event as far out as possible to allow for minimal gatherings to discuss event details. Players should arrive at

their starting areas no more than 5 minutes before their assigned starting time. Scorecards should not be exchanged or require signatures. Upon completion of the round players will enter the designated scoring area to review and verify their scores verbally with the scoring official.

Failure to follow our safety protocols at Southern home contests can result in the removal of a person from a contest, the removal of a person from an entire sports season, or the removal of a person from all Southern activities for the remainder of 2020-2021 school year.

Please Note: These protocols may change as new guidance becomes available from the Nebraska Department of Education, the CDC, and other state or local public health agencies.